

Embracing Risk...

S.H.A.P.E. Vision: Fully healthy, vibrant Scott Employee-Owners engaged in the task of improving the lives of our clients' employees. It is our people and their people that count.

S.H.A.P.E. Mission: To support organizational and Employee-Owner individual self-care, responsibility, accountability and ownership for healthy behaviors, healthy choices and health risk management.

Empowering Change...

S.H.A.P.E. - Program Opportunities:

- One Care Street® Health Profile Survey
- One Care Street Personal Health Goal Setting
- One Care Street Health Coaching
- One Care Street Health Encyclopedia
- Scott Strong Performance Reward Program
- S.H.A.P.E. Health Performance Thinking Workshops
- S.H.A.P.E. Incentive Programs
- Anthem online Healthy Lifestyles Program

Impacting results...

S.H.A.P.E. - What's in it for me?

- Improved feeling, functioning and performance
- Your future health and quality of life
- Saving money on doctors visits and medications
- Positive impact on E.S.O.P.

Rewarding Performance...

S.H.A.P.E. — Incentive Programs

Premium Incentive

- \$50.00 incentive for employee only coverage
- \$30.00 Gift Certificate to Spouses on the Health Plan

Participation requirements

- Completion of Health Profile Survey
- Complete ONE health coaching call, if invited
- Select Personal Health Goal

Scott Strong Performance Reward Program

- Additional opportunity to earn rewards
- Open to all Employee-Owners who have completed the One Care Street® Health Profile Survey and Goal Setting
- Work toward achieving and/or maintaining Performance Measures
- Receive Performance Score Card Report
- Choose Performance Reward

If it is unreasonably difficult due to a medical condition for you to achieve the standard for the reward under this program, or if it is medically inadvisable for you to attempt to achieve the standard for the reward under this program, please contact a SHAPE Team Member and we will work with you to develop another way to qualify for the reward.